

the
SPA



GRACE

LA MARGNA ST MORITZ

HOLISTIC PERSPECTIVE
of HARMONY

OUR INSPIRATION

With the power of mountains and an aura of the extraordinary, Mother nature has always set the tone. Water, in all its different forms, has a healing and relaxing power of its own. Just like the granite, which encourages the mind and body to take a breath or two and pause, reminding us that slowing down is necessary.

Bringing the Engadin nature inside, these natural features, embrace the connection we have with earth, transforming our Spa into a sanctuary and infusing sense of peace and harmony.

Whether you are feeling mindful or mindless, dynamic or restful, there will always be something for you.

Our treatments, inspired by natural elements, guide you to bring your mind, body and soul in a state of equilibrium.

With serene waters and majestic mountains as the guardians of this sanctuary, it has never been easier to rediscover the connection between mind and body.



OUR PARTNERS

BELLEFONTAINE

*a synergetic bridge
between science and nature*

The unparalleled luxury of Bellefontaine opens the doors to iconic treatments for a clientele looking for excellence and results. Made in Switzerland, all of the products contain natural and precious ingredients from the Alps and the most cutting-edge discoveries in biotechnology. The main aim is to fight against soft inflammation, one of the main causes of skin aging, through the creation of a unique and revolutionary complex: EDELGEN® which is cultivated from the legendary Edelweiss flower of Switzerland.

BYNACHT

born out of sleepless nights

A holistic approach when it comes to beautiful skin. Scientific studies have shown that sleep, relaxation and well-being play a key role. That is why BYNACHT® combines outstanding, highly effective home care products with sleep and relaxation-enhancing aromatherapeutic balms and oils. Beautiful skin is never just about skin. Discover the science of beauty sleep!

LA BIOSTHÉTIQUE

the culture of total beauty

Beauty is not just external. It is everything: what you do and how you do it. Beauty lies in the material you use, as well as in the way you treat those who use it. True beauty is the shape of things to come when you make the right decisions. It is a philosophy. It is a culture. At La Biosthétique they call it The Culture Of Total Beauty.

EPONÉ

inspired by water

eponé is a journey through the world and to yourself. Elegant and simple, sophisticated and natural. Beneficial diversity of the most valuable plant-based active ingredients blended into a unique care experience. Finest oils, extracts and essences that help body and soul to blossom anew. Inspired by traditional curative knowledge and well-being rituals from around the world, eponé products and treatments create a holistic spa experience.

EX NIHILO

created out of nothing

EX NIHILO is a Parisian fragrance house founded in 2013 by a young trio from Paris as an alternative to stereotyped luxury products, an alternative to mass personalization. Inspired by both the creative Avant-Garde and the French spirit of pure refinement, EX NIHILO aims to express its own conception of personalized luxury in all its forms bringing to the fore the pinnacle of know-how and the most splendid raw materials in perfumery.

THOMAS DE MONACO

*raw materials and
contemporary molecules*

The perfumes of Thomas De Monaco are designed for the here and now, and one can feel the freedom of creation. All fragrances are produced in his own manufacture in an ancient building constructed by Gustave Eiffel. A heritage full of artistic independence, poetic, emotional, and authentic, intended for sustainable luxury.



BODY TREATMENTS

by eponé

INTENSE FULL BODY SCRUB

45 minutes | CHF 140

This invigorating full-body peeling is a holistic experience combining traditional massage with revitalising skincare. This versatile treatment offers four different intensity levels to choose from, all using purely natural peeling substances sourced from different cultures around the world. While immersing deeper into this healing massage, blood circulation and cell regeneration are actively stimulated and finally the mind can relax completely.



NOURISHING BODY WRAP

45 minutes | CHF 150

A gentle and nourishing care experience with fortifying ingredients that cater to the needs of even the most sensitive skin.

Forming its basis in hydrating aloe vera juice and cucumber extract, the result is an incomparably silky and supple texture of the skin.

FEEL GOOD CEREMONY

30 minutes | CHF 135

60 minutes | CHF 195

Whether full or partial body, intensive or gentle, stimulating or calming: our feel-good massage is tailored to the needs of each guest during the entire session. Always accompanied by a finely tuned blend of the most precious care oils, whose potent properties and luxurious scents enhance mental well-being.

FIRMING LEG TREATMENT

45 minutes | CHF 140

Traditional healing methods, mechanical stimulation and selected herbal ingredients are combined to deeply care for tired and heavy legs, leaving them feeling refreshed and light. Excess skin cells are gently removed, allowing a soft and supple texture. This treatment stimulates the lymphatic flow and activates microcirculation for a light detox and a smooth, tightened skin.



BODY TREATMENTS

by bellefontaine

A GRACEFUL ESCAPE TO ST. MORITZ

120 minutes | CHF 400

After a day on the slopes or hiking tracks, be enriched with our perfectly selected Wellbeing Escape, leaving you with an overall feeling of luxury. Start your journey with a divine body scrub blended with Edelweiss and Jojoba oil

leaving your skin silky smooth and drift away with a relaxing magnificent body oil that will leave you feeling renewed. End the journey with a regenerating facial massage and a luxurious Cellstemine mask.

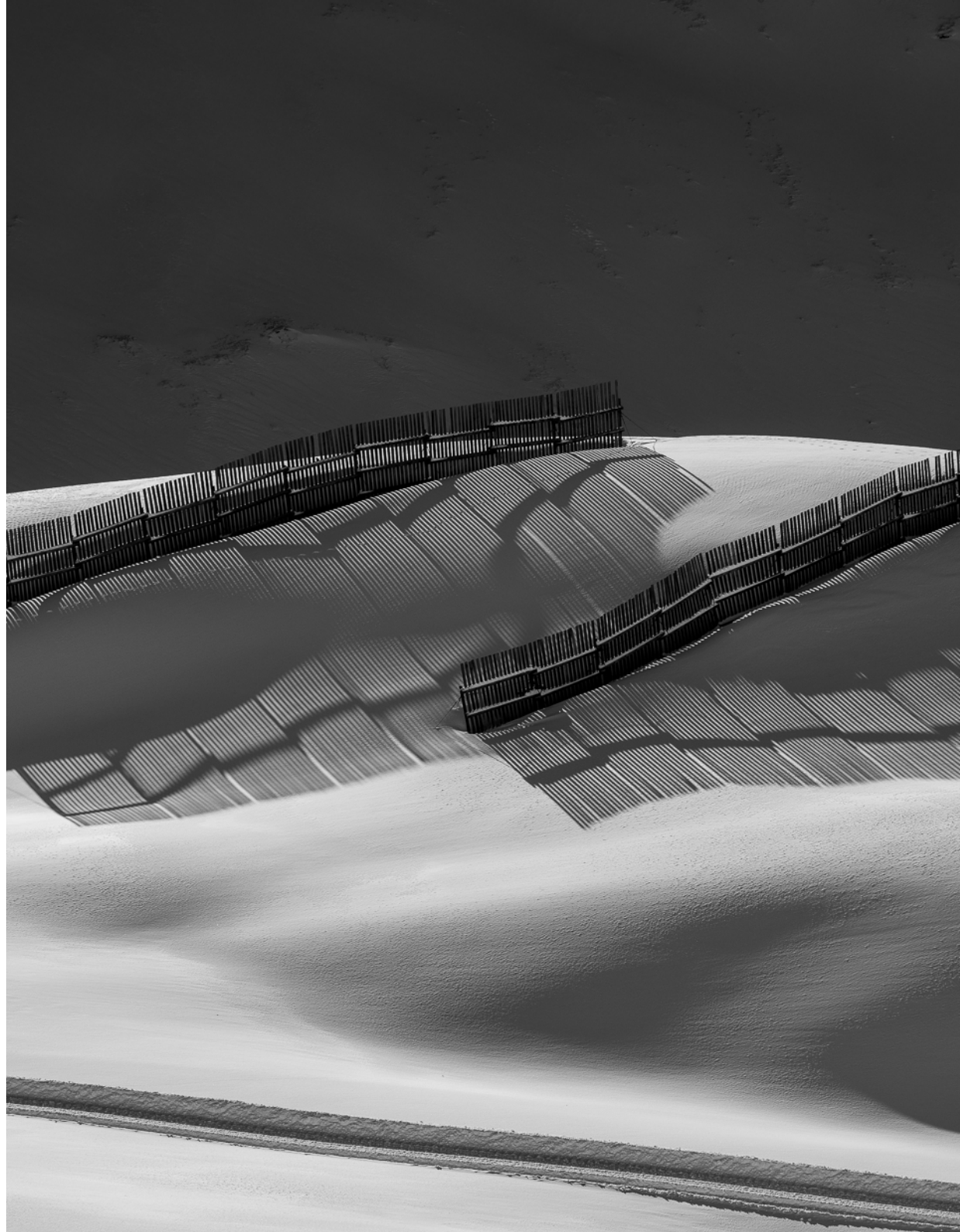
Be transported into a world of finesse.

FLY ME TO ST. MORITZ

60 minutes | CHF 280

Inspired by you and designed for you.

Influenced by the serenity of Swiss lakes and enriched with Swiss Caviar, the delicate application of the melty caviar balm is a true feast for the senses. Skin appears more supported and toned with a heightened feeling of suppleness. Allow yourself to unwind and destress.





BODY TREATMENTS *by la biosthétique*

DETOX BODY RITUAL 110 minutes | CHF 350

Sea salt blends with notes of cedar and moss to exfoliate the skin and improve the circulation. Mineral mud activates its beneficial properties with the help of a detox vacuum massage, including body cups. A complex of algae boosts the skin's healthy microbiome and protects it against moisture loss. The result: a firming yet enjoyable workout for the skin.



MASSAGES

RE-CHARGE & RELAX

The holistic benefits of our selection of 100% pure essential oils will blend with a gentle and relaxing full body massage. Avail yourself of the healing properties of this treatment to relieve your unwanted tension, enhance your well-being and improve your sleep.

CALMING AROMA

50 minutes | CHF 190
80 minutes | CHF 250

EASING THE MIND & BALACING THE BODY

This healing treatment will restore balance by bringing the seven main chakras into alignment in order for the energy to flow freely. Alpine body stamps, filled with local herbs, combined with our spicy oil blend will leave you in a state of harmony, feeling grounded and connected to your body.

BALANCING CHAKRA

80 minutes | CHF 280

AMPLIFIY YOUR REHABILITATION

A compound of therapeutic techniques and stretching will focus on your body needs. Either you are interested for a post work-out treatment, or you experience a medical condition, this massage will improve your recovery and eliminate your muscle tensions.

ALPINE RECOVERY

50 minutes | CHF 220
80 minutes | CHF 280

HARMONISING HEAT

Warm stones are placed on the chakras and massaged over the body to promote tranquillity. This ritual will help you discover the healing power of stones, known for their energizing properties, giving you a calming and relaxing experience.

HEALING HOT STONE

50 minutes | CHF 210
80 minutes | CHF 270

A HOLISTIC FOOT PRACTISE

Feet are a mirror of the physical and mental condition. This relaxing foot massage with Kansu bowls, relieves stress related tension in the whole body, clears the thoughts and promotes sleep. Feels like a smooth workout which leaves you feeling refreshed and harmonized.

AYURVEDIC FOOT

50 minutes | CHF 180

EMBRACE YOUR WELLNESS

If you are seeking to detoxify, sculpt certain areas of your body or alleviate constipation, this invigorating massage will stimulate the lymphatic circulation, oxygenate the cells, and provide you with a feeling of lightness and well being that we often forget.

BODY DEFINING

30 minutes | CHF 130
50 minutes | CHF 220



FACIALS

by bellefontaine

THE POWER OF EDELWEISS

In this exceptional treatment, Edelweiss, a noble and rare flower with multiple virtues, reveals its beauty secrets. This soothing and repairing treatment is a real boon for skin weakened by the sun. Your skin is velvety soft, sublimated and comforted.

THE POWER OF THE MOUNTAINS

Not everyone has the luxury of time and that is why this facial is briefly but brilliant, adding instant brightness and ongoing clarity to congested or dull skin, leaving you sculpted, smooth and glowing afterwards. A great option the morning or day before an event.

REJUVENATION

Highly selected stem cells of Edelweiss, Argan and Alpine Rose, have a direct effect on the skin by preserving youth capital. Facial contours are reshaped as a result of a stimulating and detoxifying face massage. Cold plasma technology will restructure and regenerate the epidermis for an optimised rejuvenating effect. Skin appears renewed, rehydrated and plumped.

REPAIRING

60 minutes | CHF 280

MOUNTAIN GLOW

45 minutes | CHF 220

PRECIOUS CELLSTEMINE

90 minutes | CHF 370

LUXURIOUS CAVIAR

90 minutes | CHF 430

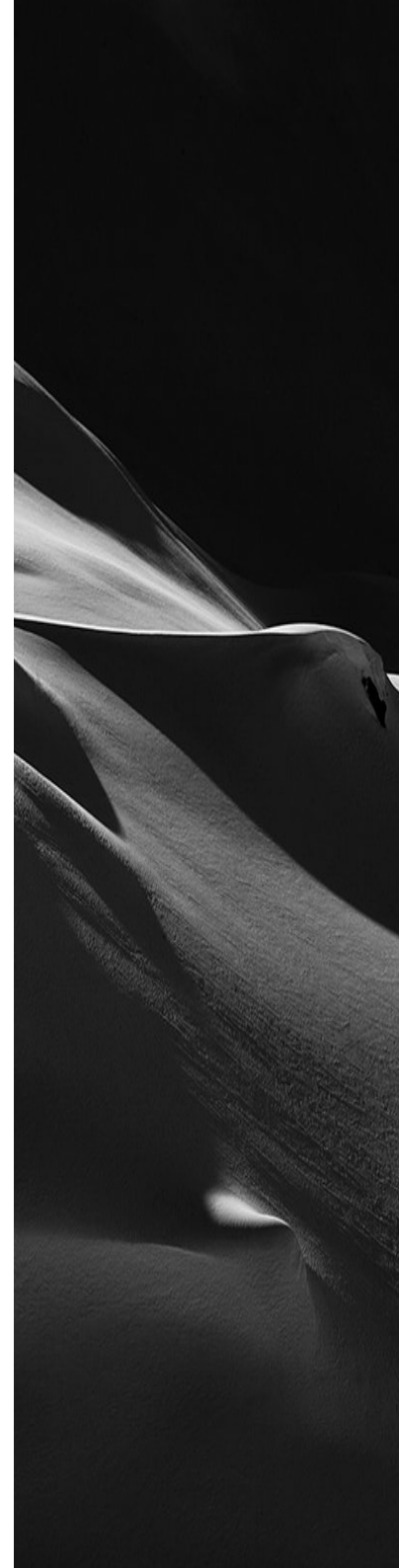
TIME IS JUST A WORD

An exclusive encapsulation of three Caviar extracts, enriched with its precious oil.

A high-tech treatment that boosts the production of collagen and elastin and at the same time reinforces the skin barrier against external aggressions. The skin undergoes a transformation, benefiting from the outstanding lifting and firming Caviar properties. Features are supported, tightened and toned. Sculptural face lifting massage, combined with a cold plasma technology, will efface lines and the depth of wrinkles.

ADD ON SERVICES:

PLASMA GUN | 20 minutes | CHF 60
BUCCAL MASSAGE | 20 minutes | CHF 60



SIGNATURE FACIALS

by grace

VISO'KEY MANUAL LIFTING METHOD

90 minutes | CHF 280

A FITNESS CLASS FOR YOUR FACE

A manual therapeutic method determined by anatomy and physiology and supported with Buccal massage technique will focus on the deepest layers of the skin and help reduce any signs of ageing.

The ultimate facial workout.

FACE GUA SHA

60 minutes | CHF 220

A HEALING PRACTICE

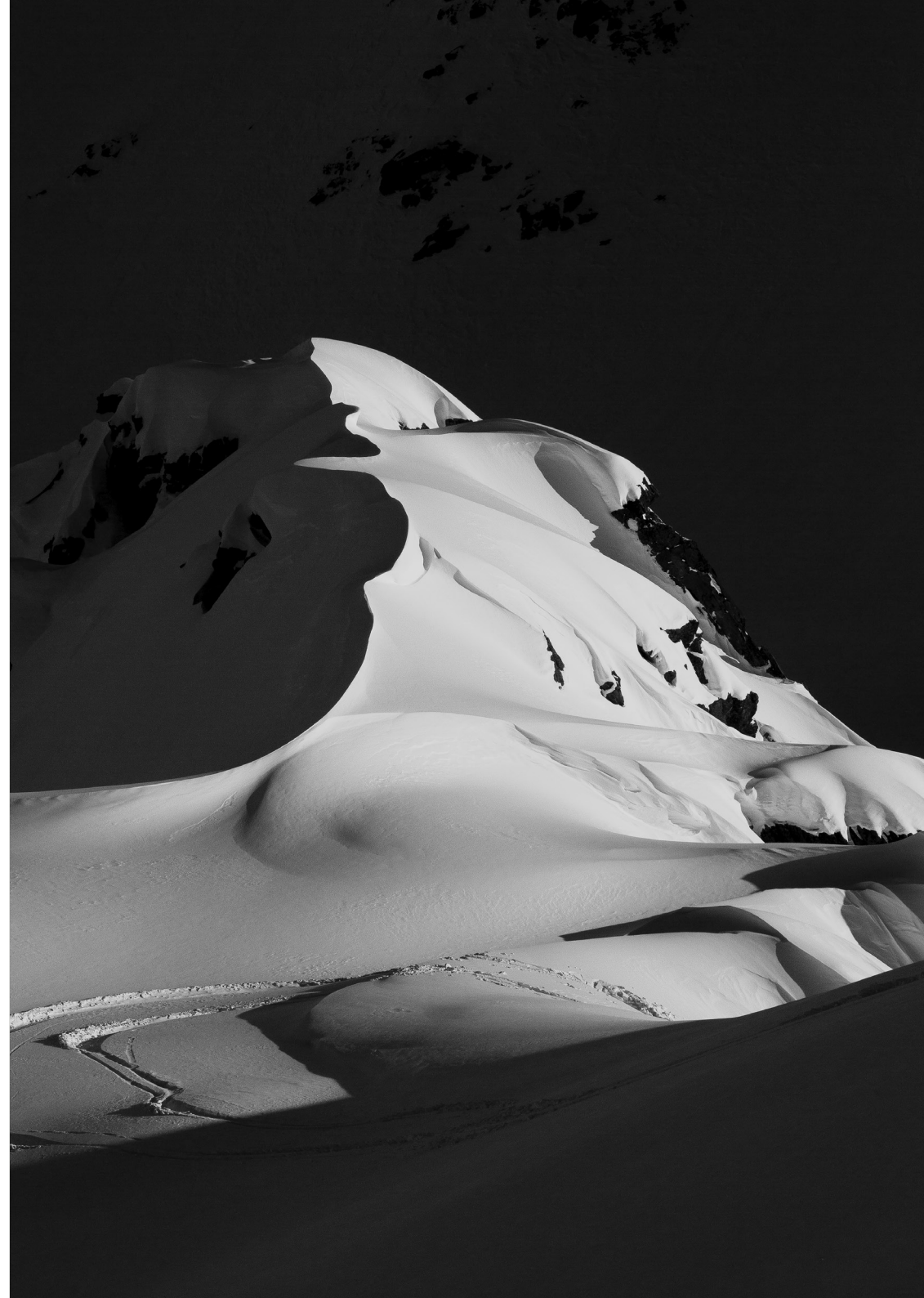
This healing method promotes circulation, releases tension by breaking down fascial adhesions, and stimulates the lymphatic system resulting in improved and radiant skin tone.

SCULPTURAL FACE LIFTING

50 minutes | CHF 210

AGE IS JUST A NUMBER

Revitalize your facial features, enhance the definition, tone the epidermis and increase the elasticity with this non-surgical lifting treatment.



FACIALS *by bynacht*

SIGNATURE 24K

80 minutes | CHF 290

WHEN THE TWO BEST ANTI-AGING
TREATMENTS MEET

The majestically beautiful landscape of the Upper Engadin already has a rejuvenating effect on you. Combined with the most outstanding BYNACHT® anti-age miracle weapons, the result is a treatment that will not only rejuvenate your skin to its deepest layers, but also your body and mind.

A "3D effect" by simultaneously firming, lifting and recontouring the skin while you sleep.

ULTRA REPAIR AND RECHARGE

60 minutes | CHF 230

HELPS YOU PUT WONDERING
THOUGHTS INTO SLEEP

Discover a unique treatment that repairs and recharges you as intensely as St. Moritz landscape does: this uber-efficient facial repairs and restores both body and mind of the overly stressed and tired. Maybe you want to give your skin a special care after a long sunny day on the ski slopes or after a beautiful hike or even rebuild the skin irritated by acne or other skin conditions. In all cases, you will experience skin repair and renewal on a whole new level.



FACIALS

by la biothétique

DIGITAL ESCAPE

60 minutes | CHF 175

COMBAT THE SYMPTOMS OF DIGITAL OVERLOAD

This facial aims to comfort the reactions that technology can cause to the complexion. Facial tension, digital eye strain, dark circles, photoaging are all effects of excessive screen time and blue light. Most of the "awake time" is spent in some kind of digital space. Revel in this treatment, away from Zoom calls and scrolls. The shoulder and neck massage will ease any tension and relieve tech neck after a busy day of staring at your laptop.

ELITE GENTLEMAN'S RETREAT

50 minutes | CHF 185

80 minutes | CHF 245

EXPERIENCE THE EPITOME OF INDULGENCE

Your time is precious, so everything in this treatment is timed to perfection. During these massage you will experience a perfect combination of pleasant relaxation, professional deep cleansing and hydration of the skin, hot scented thermal rolls followed by an intensive neck and shoulder massage and unique care treatments for a fresh skin feeling.

The nail check for well-groomed men's hands is also included.

A very special skin care experience awaits you.





EXTEND THE EXPERIENCE AND DISCOVER OUR LUXURIOUS SUITE

ELIXIR OF THE MOUNTAINS

for two | 150 minutes | CHF 650

Escape the world and indulge in a moment of pure well-being. This unique ritual promises to transport you and your significant other into the heart of an authentic Alpine experience.

Your spa journey begins with a rejuvenating and invigorating session in a private steam room. This soothing experience not only draws out toxins but also alleviates muscle tension and aids in joint pain relief. Afterward, refresh yourself under the cold shower to regulate your body temperature, preparing for a side-by-side treatment.

Inspired by the majestic Swiss Alps, our relaxing massage uses a fragrant oil infused with local herbs, evoking memories of lush Alpine meadows and towering peaks. The aroma of rosemary, juniper, peppermint, pine, and edelweiss will transport you to untouched mountain landscapes left to nature's care. This exquisite oil blends harmoniously with an Alpine herbal liqueur: Genepi, known for its aromatic and medicinal properties.

To complete your Alpine journey, you will be served a warm tea enriched with carefully selected herbs from St. Moritz while relaxing in the Jacuzzi. Upon request, you may also savor a glass of chilled champagne and indulge in some exquisite canapés.



THERE IS NO AGE TO BE PAMPERED

SUNSHINE MASSAGE

20 minutes | CHF 60

smooth care

MANICURE & PEDICURE

20 minutes | CHF 50

groomed nails

MOMMY & ME

50 minutes | CHF 350

relaxing massage & 2 smoothies

LIGHT TOUCH MASSAGE

50 minutes | CHF 185

experience moments of calm

PURE SKIN

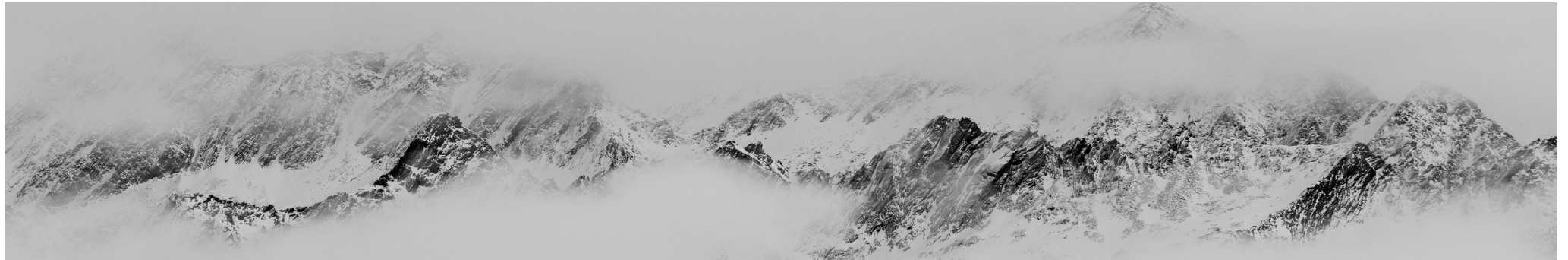
50 minutes | CHF 175

battle blemishes and irritations.
Provide to your skin an intensely
cleansing experience.

HYDRA NOURISHMENT

50 minutes | CHF 175

active ingredients, normalise the
moisture balance & revitalise the
skin with deep hydration.



BEAUTY TREATMENTS

NAIL CARE

manicure | pedicure without polish

40 minutes | 50 minutes

CHF 100 | CHF 110

manicure | pedicure with polish

50 minutes | 60 minutes

CHF 120 | CHF 130

semi permanent manicure | pedicure

80 minutes | 90 minutes

CHF 140 | CHF 150

gel manicure

up to 120 minutes

CHF 180

gentleman's classic manicure | pedicure

40 minutes | 50 minutes

CHF 110 | CHF 120

ADD ON:

hand | feet candle massage | CHF 40

collagen sheet mask | CHF 40

polish change | CHF 40

semi permanent removal | CHF 40

hyaluronic eye patches | CHF 25

EYELASHES | EYEBROWS

lash lifting | eyebrow lifting

60 minutes | CHF 180

MAKE UP

soft glam make up 40 minutes | CHF 140

EPILATION

upper lip | CHF 25

underarm | CHF 45

arms | CHF 70

chest | CHF 80

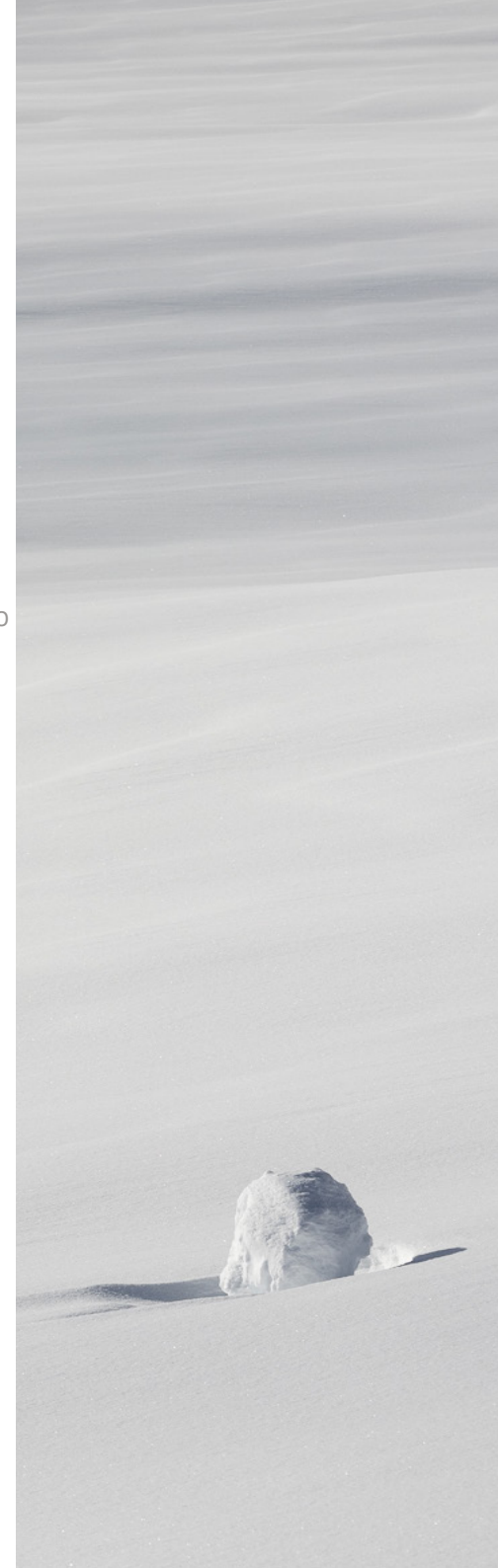
back | CHF 80

half leg | CHF 80

full leg | CHF 110

bikini zone | CHF 80

eyebrow shaping | CHF 45



the SPA

OPENING HOURS

SPA RECEPTION
10.00 - 19.00

SPA TREATMENTS
10.00 - 19.00

POOL
08.00 - 20.00

SAUNA
MO-FR: 15:00 - 20:00
SAT-SUN: 10:00 - 20:00

GYM
24h

SPA ETIQUETTE

HEALTH INFORMATION

Please advise us of any health conditions, allergies or injuries that could affect your treatment. During your treatment, please do not hesitate to communicate any feeling of unpleasantness or discomfort.

SCHEDULING AN APPOINTMENT

To schedule an appointment for your perfect treatment, please contact our Spa reception team who will be able to guide you to the right choice. To ensure your preferred time and service is available, we recommend booking in advance.

SAFETY

Safety first. Any use of the facilities is at your own risk. Any injuries or accidents should be reported to the Spa team as soon as possible. Please do not run, dive or engage in risky behavior.

SPA ATTIRE

You may arrive at the Spa wearing the bathrobe and slippers from your room or we can supply these to you, upon arrival. Appropriate footwear is recommended for the Gym. The use of a swimming suit is mandatory to use the swimming pool. Our sauna area as well as the steam room are recommended to be textile free areas and are accessible for adults over the age of 16. Please make sure you use our Spa towels particularly for sitting on the wooden benches.

SPA ARRIVAL

It is our pleasure to invite you to enjoy our Spa facilities prior and after your treatment. We kindly advise you to arrive at the Spa reception at least 15 minutes before your treatment to fill out our medical history form and prepare yourself for the treatment. We kindly remind you that late arrivals will not be able to receive a treatment extension.

PAYMENT

For hotel guests, all treatments can be charged to your room folio and will appear on your account at the time of departure. Guests are welcome to pay by credit cards or cash if preferred.

VALUABLES

We recommend that you leave all jewelry and valuables in your room. We kindly inform you that the Spa will not be held responsible for the loss or damage of your personal belongings.

CANCELLATION POLICY

As a courtesy to other guests and out therapists, any cancellations must be made at least 24 hours prior to your appointment time. Appointments cancelled with less than 24 hours notice, will be billed 50 % of the treatment cost. No shows or appointments cancelled with less than five hours notice, will be billed 100 % of the treatment cost.

DURING YOUR STAY

Our Spa is a sanctuary of peace and harmony, so please respect other guests privacy by maintaining a low tone of voice and avoiding using mobile phones or cameras within the Spa. Smoking is not permitted in the Spa's facilities.

HOMECARE

To continue your Spa experience at home, most products used in our treatments are available for you to buy at reception.

AGE REQUIREMENT

The minimum age for entry to our Spa facilities, is 16 years old. Young guests, under 16 must be accompanied by a parent. Pool opening times for kids: 10:00-12:00am & 16:00-18:00pm.

GRACE ST. MORITZ GMBH

VIA SERLAS 5

7500 ST. MORITZ

SWITZERLAND